多倫多天主教中華殉道聖人堂
夫婦融樂會

Members Newsletter **May 2022**

會員通訊

本期內容簡介

- 2023 - 2024 年度夫婦融樂會幹事會選舉
- 五月份：翻山越嶺步步行 – 户外遠足
- 六月份：夫婦融樂會夫婦工作坊 – 擁抱幸福的婚姻
- 開心閣

Upcoming CCMEA Monthly Meetings & Events

2023 - 2024 年度夫婦融樂會幹事會選舉

2023, 參選最啱!

2023 – 2024 年度夫婦融樂會幹事會選舉

兩年一度的夫婦融樂會幹事會選舉將於本年八月十三日(星期六) 的月會中舉行。目的是選出 2023 – 2024 年度幹事會的成員 (任期由二零二二年十月一日至二零二四年十二月三十一日)，包括會長及各幹事，希望各會員能積極參與。

提名將於本年五月十四日開始至六月三十日結束。

提名方法如下:

1. 為方便各會員，選舉委員會將於五月十四日融樂會户外遠足：「翻山越嶺步步行」活動期間派發提名表格，填妥後可即場交回給選舉委員會任何一位成員，或
2. 在本會網頁 (www.ccmea.ca)，會員專頁區作網上提名，或
3. 於本會網頁下載提名表格 (www.ccmea.ca)，填妥後交回選舉委員會任何一位成員。

今年選舉過程要求：
“候選人（即候選夫婦）需獲得三票或以上的合格提名票，才會被納入「候選名單」中。”

讓我們以行動光榮天主及服務他人，發揮夫婦融樂會的精神，在主內共融，我們期待跨越成功的第二十五年。

如有任可有關 2023 選舉問題，請發電郵到 electionccmea@gmail.com 或向以下選舉委員會成員查詢：

2022 選舉小組委員會
Mark and Teresa Shum (G8)
YC and Elizabeth Lee (G10)
Ken and Christina Fan (G11)
Joe and Liza To (G16)

注意: 所有「選舉小組委員會」成員均不可參與幹事競選。

2022 選舉委員會通告

******切記：2023，選與被選，你我都啱！******

2023 - 2024 CCMEA Executive Committee Election

The bi-annual election for the 2023 - 2024 CCMEA Executive Committee (with the service term from Oct 1st 2022 to Dec 31st 2024) will be held on Saturday, August 13th 2022.

We urge every member to participate fully in the election process.

Nomination will begin on Sat, May 14th and end on June 30th, 2022. You will be invited to nominate fellow member couples to be candidates for President or Executive Committee members. Nominations can be made by:

1. The nomination form will be available during the CCMEA Hiking Trip on Sat, May 14, 2022. You can fill out the form and the completed nomination form will be collected by members of the Election Sub-Committee on site, or

2. Using the link on the CCMEA web page (www.ccmea.ca) to complete and submit your nomination online, or

3. Downloading the nomination form from the CCMEA web-site (www.ccmea.ca), and forwarding your completed nomination form to any member of the Election Sub-Committee.

We will follow the following criteria in the election process:
Nominee (i.e., candidate couple) who receives 3 or more eligible nominations will be included in the short-listed candidate couples.

Let us show our love for God with action. With your support, we look forward to surpass our first twenty-five years of success and continue to serve and enrich the lives of our fellow members.

For any questions related to the 2022 Election, please feel free to send email to electionccmea@gmail.com or contact the 2022 Election Sub-Committee members:

Mark and Teresa Shum (G8)
YC and Elizabeth Lee (G10)
Ken and Christina Fan (G11)
Joe and Liza To (G16)

Note: All Election Sub-Committee members are not eligible to run for election.

By 2022 Election Sub-Committee

六月份：夫婦融樂會夫婦工作坊

Mark Your Calendar

這兩年間我們努力應對疫情的變化，令大家的生活帶來不小衝擊，很感恩我們都平安過渡。夫婦交流活動將於六月廿五，廿六日舉行，希望透過小組互動，經驗分享，使會員互相傳遞正能量，彼此支持鼓勵，一同邁向新里程。活動報名詳情如下。

日期：2022 年 6 月 25 至 26 日〈星期六及日，兩日一夜〉
形式：實體 In-Person
地點：The Valley of the Mother of God Retreat Centre (VOMG)

主題：Embracing A Joy-Filled Marriage 擁抱幸福的婚姻

導航員小組 Navigator Team:
Carmen and Kelvin Tsang (G20)
Leona and David Woo (G20)
Yvonne and Stephen Chan (G16)
Kimmy and Philip Cheung (G15)

費用：6 月 1 日前報名 - 晨鳥價二人一房：$220 per couple
6 月 1 日後報名 - 正價二人一房：$250 per couple

請盡早到夫婦融樂會的網上報名，以確定參加人數，作出妥善安排。請在 June 10, 2022 前繳付費用作準，確保你的房間。付款方式可 e-transfer 或支票 (收款名字 pay to "CCMEA") 給財政 Jane Ho (email address "yljaneho@yahoo.com")。

請登入夫婦融樂會 CCMEA.CA 網站的網上報名。請使用 User Name:“member” 登入網站「會員區」MEMBER’S AREA，選擇“2022 June Couples Reconnect Workshop Online Registration”，並輸入所需報名資料。為了準備各項工作和場地安排，懇請已經接種兩劑疫苗而且有意參加的會員立即報名。

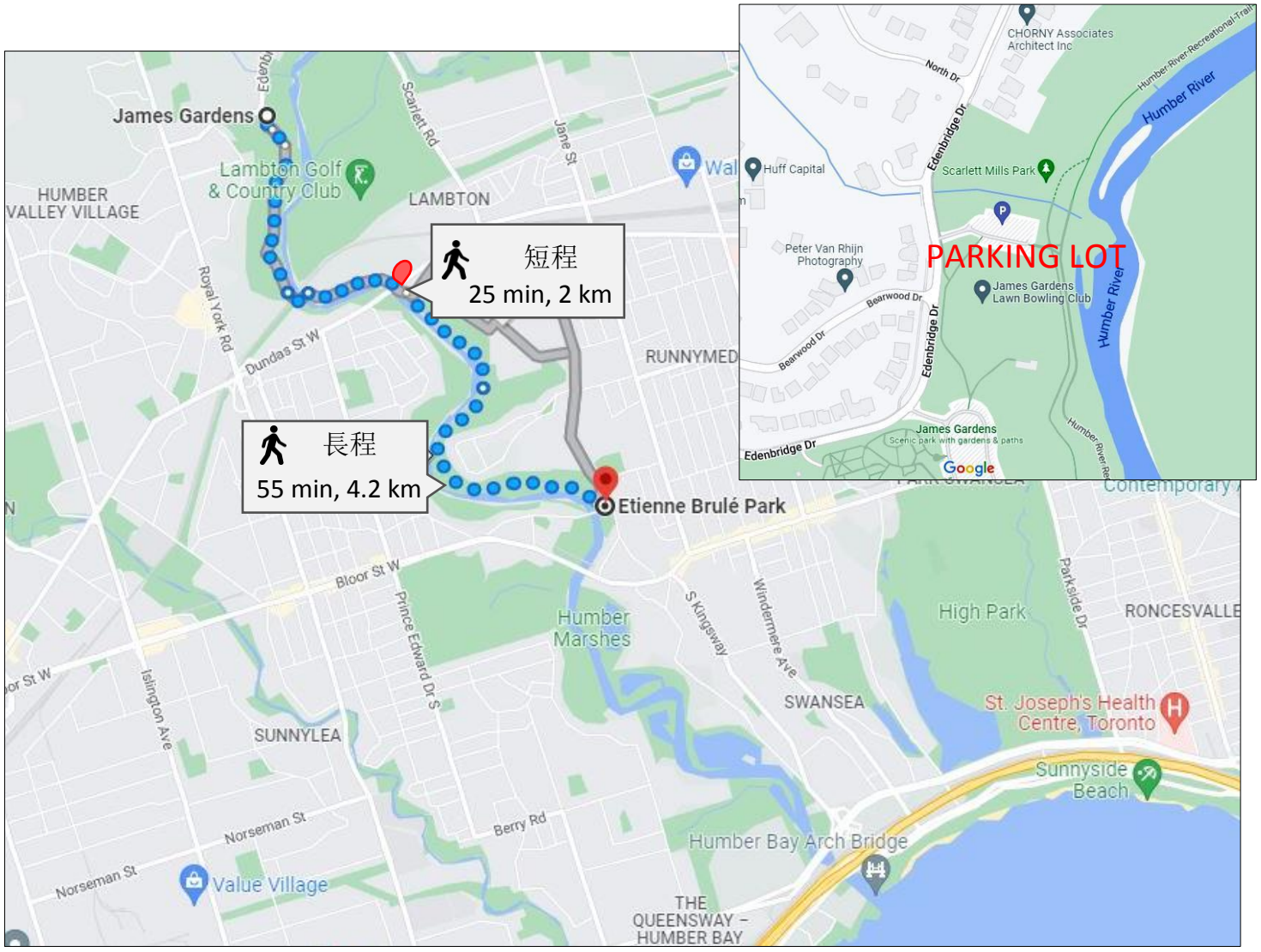
快報名！

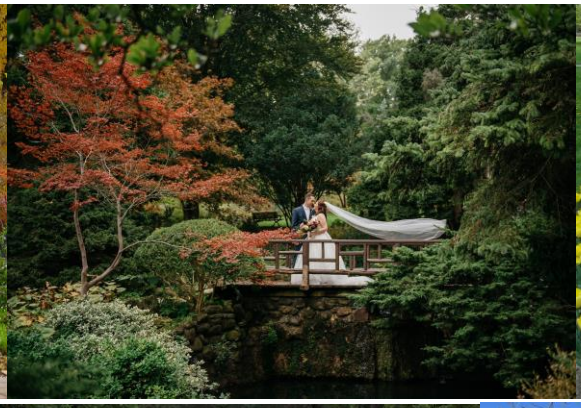
〈溫馨提示容後公佈〉

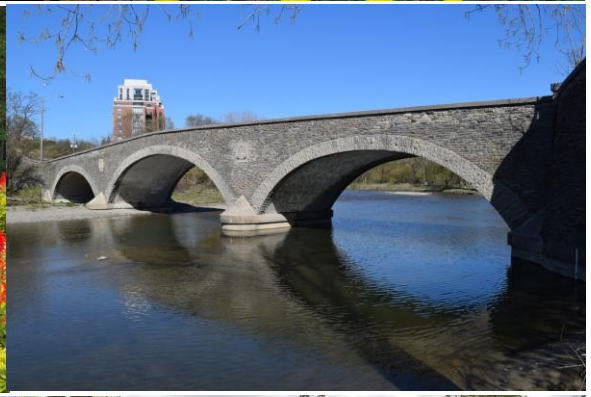
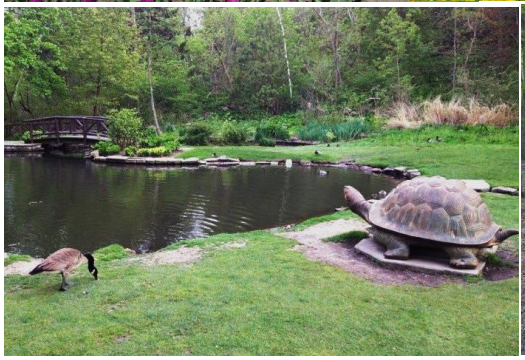
五月份：翻山越嶺步步行 － 户外遠足

日期：5 月 14 日〈星期六〉
時間：上午九時三十分 James Gardens parking lot 集合，十時出發，約中午回程。
地點：James Gardens, 99 Edenbridge Dr., Etobicoke (Humber River)
領隊：Stephen & Sandra Ho (G6), John Man (G24)

*** 回程後，可逗留野餐、欣賞公園花卉、拍攝沙龍照片。或玩遊戲、Frisbee、softball、biking、等。自備食物和飲品。 ***





PARKING LOT
Bearwood Dr

開心閣
Happy Corner

五月份家庭活動好去處
(provided by Stephen Ho (G6))

1) 日期：4 月中至 5 月初，仍是櫻花時節 Cherry Blossom (自然生態、花卉植物等)
   - High Park, Toronto 1873 Bloor Street, Toronto; https://www.sakurainhighpark.com/

   其它地點：
   - Cedar Ridge Park, 225 Confederation Road, Scarborough
   - University of Toronto, Scarborough 分校, 1265 Military Trail, Scarborough
   - Cherry Street Park, intersection of Cherry and Villiers Streets, Distillery District. Toronto
   - Trinity Bellwoods Park, 790 Queen Street, West, Toronto
   - Kariya Park, 3620 Kariya Drive, Mississauga
   - Japanese Canadian Cultural Centre, 6 Garamount Ct., North York; https://jccc.on.ca/
   - Woodbine Park, 1695 Queen Street East, Toronto

2) 學習如何觀賞雀鳥，Birdwatching 101，May 14th 免費
   - https://events.trca.ca/event/birdwatching-101?instance_id=20220514100000

3) 牡丹花展，票價每位$18，65 歲以上及 6 歲以下免費，5 月 7 - 9 日
   - 105 Gibson Centre, 105 Gibson Dr,, Markham
     https://capeonygarden.ca/products

4) Barrie WaterFront Festival 5 月 27 - 29 日，戶外街頭節，免費：
   https://www.barriewaterfront.ca/

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歡迎各會員分享開心事：為增加會員的聯繫和正能量，會員通訊加設 一欄「開心閣」。歡迎各會員提供生日、結婚週年、子女畢業、結婚、榮升祖父的資料和相片開心分享。

相關資料和相片請提前一個月電郵致 ccmea.secretary@gmail.com 安排刊出。謝謝!

Please send your Happy News announcement to: ccmea.secretary@gmail.com

*Please send us the information one month ahead of the event if the Happy News are to be announced before the event. Thanks!

聽愛，談情，共融樂